



Adam & Amanda Mental Health Rehabilitation Center

*Dustin McKee
Director of Policy
NAMI Ohio*

National Alliance on Mental Illness



- Founded in 1977 in Wisconsin
- Original founders Harriet Shelter and Beverly Young
- Largest grassroots movement in the nation with a focus on mental health
- 40 local affiliates that cover most of Ohio's 88 counties



Problem

- Suicide Rates up nearly 40% since 1999
- First 90 days after hospital discharge people have 14X's higher than average suicide rate nationwide.
- Many meds take weeks to months to work.
- Hospitals now crisis stabilization

Problem

- De-institutionalization ended long-term hospitalization.
- Psych hospitalization usually lasts from 3 - 10 days.
- Need for longer-term care remains.
- Discharge planning is impeded by short stays
- Lack of housing resources, coordination between inpatient, outpatient & managed care leads to poor outcomes.

Problem

- Increasing shortage of civil beds in state psychiatric hospitals.
- 70% of beds now forensic on average
- Half of forensic beds for misdemeanor competency restoration.
- Huge need for reducing hospital recidivism

Adam & Amanda

- **Adam's Story:**
 - Struggled with schizophrenia
 - Repeated hospitalizations and quick release
 - NAMI begged OSU not to release.
 - At dinner, car keys stolen, drove to Seattle and took his life & driver of car.
 - 30 years of age.
- **Amanda's Story**
 - Amanda active as an advocate
 - Present during signing of AOT Bill
 - Lost life after early release to suicide.
 - 26 years of age.
 - Dream to: "change the world one act of kindness at a time."

Capital Fundraising

- \$1.3 million raised in 12 months
- Funds received from:
 - Ohio Department of Mental Health and Addiction Services
 - AHV 317 Board, 20+ ADAMHS Boards
 - NAMI Ohio
 - Ohio Housing Finance Agency
 - Attorney General Mike DeWine's office and his personal family foundation,
 - Stow (Ohio) High School Class of 1998
 - Adam's graduating class
 - Anthem Insurance

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Services & Supports

- Intensive group & individual therapy.
- Partial hospitalization.
- Discharge/Transition Planning from Day 1.
- 16 beds
- 60 - 90 days to recover.
- Expedited SSI Pilot Participant.
- Presumptive Eligibility Medicaid.
- Community Integration Activities.
- Access to funds to assist with moving to permanent supportive housing:
 - Back Rent, Furniture, Cookware, etc.
- Hopewell Health Centers: CMHC & FQHC – Dental, Medical, BH Care

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Adam & Amanda

- https://www.youtube.com/watch?v=EMFYLva_w5A8

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Phase II of Project

- 30% leaving psychiatric hospitals to homelessness!
- 80 Units of Permanent Supportive Housing
- 93 in the pipeline – contingent upon acquiring full capital.
- \$14.6 M total cost of projects.
- Projects in underserved areas:
 - Washington, Athens, Gallia, Scioto.
- CSH Lending Support to Portsmouth.

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Replication

- Three different sites for new psychiatric rehabilitation centers being explored.
- Goal to have one or more in every state hospital catchment area.
- Donations can be made to NAMI Ohio for capital funding of new centers and permanent supportive housing!

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Adam – Amanda Mental Health Rehabilitation Center

Timeline

September 16, 2015 Meeting with NAMI – Ohio and NAMI – Athens to discuss concept of a mental health rehabilitation center

November 10, 2015 Meeting with NAMI, Hopewell Health Centers, Appalachian Behavioral Healthcare and Sally Luken, Consultant to further discuss concept and tour potential sites

December 11, 2015 Discuss concept with NAMI – Ohio Board of Trustees via Skype

February 2, 2016 NAMI met with the eight boards of the AppCare (Southeast) Hospital Collaborative to present concept and ask for their support

**Adam – Amanda Mental Health Rehabilitation Center
Timeline**

May 5, 2016 NAMI met with local team and representatives from other boards to review concept, finalize respite facility as site, start discussion of financing and site visits of other similar facilities

May 24, 2016 NAMI and board met with OMHAS to start discussion of construction and operating budgets

May 26, 2016 Local team visited Morningstar in Dayton

July 12, 2016 NAMI and board presented OMHAS with revised construction and operating budgets

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Timeline

September 9, 2016 OMHAS site visit at proposed site

October 19, 2016 Final five year operating budget submitted to OMHAS

January 12, 2017 OMHAS issues letter of commitment for capital and operating funding

February 15, 2017 (OHFA) Site visit by Ohio Housing Finance Agency

March 28, 2017 Funding application submitted to OHFA

**Adam – Amanda Mental Health Rehabilitation Center
Timeline**

April 12, 2017	OHFA sub-committee recommends funding
April 18, 2017 approved	OMHAS Capital Grant application finalized and approved
April 19, 2017	OHFA Board of Trustees approved funding
May 20, 2017	Ceremonial Ground Breaking
September 29, 2017	OHFA approves plans

**Adam – Amanda Mental Health Rehabilitation Center
Timeline**

October 2, 2017	Board authorizes advertising for bids
November 27, 2017	Board accepts bid by Hoon, Inc.
January 11, 2018	Hoon breaks ground
July 26, 2018 begins renovations to the	Hopewell moves operations to the new addition. Hoon original building.
August 20, 2018	OMHAS site visit
August 25, 2018	Dedication ceremony
Last week sixteen beds are	OMHAS licensure signs off on renovations to original building. All online.

Adam-Amanda MHRC
Schedule of Funding Commitments
October 12, 2018

<u>Funding Source</u>	<u>Amount</u>
Ohio Mental Health and Addiction Services	\$500,000
NAMI Ohio	\$232,345
Ohio Housing Finance Authority	\$213,739
Athens-Hocking Vinton ADAMHS (317) Board	\$147,275
Osteopathic Heritage Foundation of Nelsonville	\$100,000
Mental Health and Recovery Board-Muskingum Area	\$20,000
Jefferson County Prevention and Recovery Board	\$10,000
Washington County Behavioral Health Board	\$10,000
ADAMHS Board of Adams, Lawrence, and Scioto Counties	\$10,000
Gallia, Jackson, Meigs Board of ADAMHS	\$10,000
Total	\$1,253,359

Adam-Amanda MHRC
Schedule of NAMI Funding
October 12, 2018

<u>Funding Source</u>	<u>Amount</u>
NAMI Ohio	\$78,956
Office of Ohio Attorney General	\$60,333
OhioHealth O'Bleness Hospital	\$25,000
Gay Su Pinnell Education Foundation	\$25,000
NAMI Athens	\$20,000
Greg and Janet Polzer	\$13,000
Tom and Anne Walker	\$1,000
DeWine Family Foundation	\$1,000
Tamar Maltz Living Trust	\$1,000
Lawrence McClinchy Trust	\$1,000
Sally Luken	\$1,000
Marietta Community Foundation	\$500
Stow High School Class of 1998	\$98
Various/Go Fund Me	\$4,458
Total	\$232,345

Adam-Amanda MHRC
 Schedule of Costs
 October 12, 2018

<u>Type</u>	<u>Cost</u>
Construction and Renovations	\$1,089,235
Furniture	\$53,895
Architect Fees	\$82,241
Reimbursed Costs	\$13,735
Environmental Report	\$2,750
Title Insurance	\$5,185
Construction Insurance	\$6,318
Total	\$1,253,359

Questions?

